

SORBROOK CHALLENGE 2010

<b>No.</b>	<b>POS</b>	<b>NAME</b>	<b>CAT</b>	<b>AGE</b>	<b>CLUB</b>	<b>TIME</b>
56	1	RICHARD GARDNER	M	36	CARDIFF	34.17
107	2	MARK JENNINGS	M	36	FAIRWATER RUNNERS	36.16
3	3	STEFAN SIMMS	MV	42	GRIFFITHSTOWN HARRIERS	36.37
6	4	STEPHEN THOMAS	MV	41	ISLWYN RUNNING CLUB	37.03
92	5	DARYL BARNBY	M	25	FAIRWATER RUNNERS	37.47
33	6	JAMES KING	M	35	CAERLEON	38.07
43	7	DAVID WILLIAMS	M	38	BRYN BACH PARC	38.24
77	8	SEAN TAYLOR	M	33	GRIFFITHSTOWN HARRIERS	39.18
47	9	LEIGHTON RAWLINSON	M	27	CAERLEON	39.37
59	10	EDDIE HISCOCKS	M	33	LLISWERRY RUNNERS	39.46
86	11	NICKI CORNOCK	M	21	SWANSEA	39.58
12	12	GARETH HALL	M	30	LLISWERRY RUNNERS	40.26
71	13	STEVE DAVIES	MSV	51	GRIFFITHSTOWN HARRIERS	40.35
24	14	GRANT LEWIS	M	37	FAIRWATER RUNNERS	40.39
55	15	ALUN EVANS	MV	44		40.41
52	16	ALUN WILLIAMS	MV	46	FAIRWATER RUNNERS	40.52
29	17	GRAHAM BETTY	M	39	GRIFFITHSTOWN HARRIERS	40.54
28	18	PAUL PRICE	MV	45		41.05
25	19	RICHARD JOHNSON	M	37	RHEDEG ISLWYN	41.06
49	20	PAUL HARRIS	MV	43	LLISWERRY RUNNERS	41.07
63	21	OWEN FLAGE	M	37	OLDHAM & ROYTON	41.13
18	22	RONALD MORRIS	MSSV	60	SAN DOMENICO	42.11
82	23	CHARLES WALSH	M	35	PORT TALBOT	43.06
23	24	RICHARD LLOYD	M	31	FAIRWATER RUNNERS	43.20
37	25	NIGEL LAWRENCE	MV	42	BRYN BACH PARC	44.00
80	26	JULIE DAVIES	FV	38	GRIFFITHSTOWN HARRIERS	44.18
61	27	KIM WEHDEN	MV	48	ISLWYN RUNNING CLUB	44.19
31	28	DOMINIC SHIELDS	MV	45	SAN DOMENICO	44.25
8	29	KEITH JAMES	M	36		44.33
44	30	DAVID SMOUT	MSSV	61	BRYN BACH PARC	44.37
9	31	PETER TURNBULL	MV	46		44.39
32	32	ANDREW SPENCER	MV	47	FAIRWATER RUNNERS	45.06
16	33	MARTIN MANKOWSKI	M	33	SHEEN SHUFFLERS	45.38
22	34	RICHARD THOMAS	M	21	FAIRWATER RUNNERS	45.49

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84	35	DAVE EVANS	MV	40		45.59
99	36	JONATHAN WILLIAMS	MV	41	FAIRWATER RUNNERS	46.25
106	37	MICHAEL WILLIAMS	M	21	FAIRWATER RUNNERS	46.48
7	38	PETER SHORT	MSV	57	FOREST OF DEAN AC	47.01
95	39	CHRIS JONES	MSV	51	LLISWERRY RUNNERS	47.02
83	40	BARRY MORGAN	M	37	FAIRWATER RUNNERS	47.05
108	41	KEVIN RUSSELL	MSV	50	SAN DOMENICO	47.07
76	42	HOWARD MASON	MV	45	CAERLEON	47.14
26	43	RACHEL ALLEN	F	31	GRIFFITHSTOWN HARRIERS	47.22
10	44	DAVID PALMER	MV	49	VEGETARIAN CYCLING & ATHLETIC CLUB	47.29
91	45	PHILLIP WATERS	MSV	53	GRIFFITHSTOWN HARRIERS	47.35
50	46	STEWART THOMSON	MV	48	GRIFFITHSTOWN HARRIERS	47.39
66	47	MICHAEL SKYRME	MV	40	FAIRWATER RUNNERS	47.42
89	48	PETER EDWARDS	M	19	FAIRWATER RUNNERS	48.21
19	49	DAVID PROFFITT	MSV	56	NEWPORT HARRIERS	48.25
53	50	RICHARD BOWIE	MV	48	FAIRWATER RUNNERS	48.30
96	51	MARK BEARD	MV	44		48.33
42	52	ADRIAN GWILLIAM	MV	43	FAIRWATER RUNNERS	48.39
58	53	RHIAN JINNY-JONES	F	22		49.00
87	54	SHARON WOODS	FSV	50	GRIFFITHSTOWN HARRIERS	49.05
14	55	LIZ DAVIES	F	27		49.22
48	56	PETA DANIELS	FV	44	LLISWERRY RUNNERS	49.23
27	57	SUSAN TAGG	FV	42	BRYN BACH PARC	49.27
15	58	SOPHIE PLACE	F	27		49.29
45	59	PAUL HARMES	MV	43		49.40
2	60	MATTHEW THOMAS	M	36		50.00
90	61	PETER WELBIRG	MSV	58	GRIFFITHSTOWN HARRIERS	50.03
34	62	HOWARD ATTWOOD	MSSV	60	LLISWERRY RUNNERS	50.47
62	63	NICK PRINGLE	MSV	50	LLISWERRY RUNNERS	51.19
67	64	ANDREW TAYLOR	MSV	53	CAERLEON	51.27
88	65	MARK FRY	MV	46	FAIRWATER RUNNERS	51.53
98	66	HELENA PIMM	F	30	GRIFFITHSTOWN HARRIERS	52.04
78	67	RAY JAMES	MV	49	PORT TALBOT	52.15
51	68	MARTIN DONOVAN	MSV	50	LLISWERRY RUNNERS	52.48
17	69	ROYSTON ETHERIDGE	MV	49		53.12

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60	70	RUTH TREHARNE	FSV	45	ISLWYN RUNNING CLUB	53.13
11	71	GARETH LEIGHTON PEARCE	MV	43	LLISWERRY RUNNERS	53.15
39	72	BRYN BURGESS	MSV	52	LLISWERRY RUNNERS	53.31
70	73	CHRIS LLOYD	M	27	ISLWYN RUNNING CLUB	54.04
69	74	ADAM FLETCHER	M	21	ISLWYN RUNNING CLUB	54.17
21	75	ROBERT ANDERSON	MSSV	69	LLISWERRY RUNNERS	54.30
81	76	ALAN ROBERTS	MSV	54	PORT TALBOT	54.52
73	77	CLARE WILLIAMS	FV	35		55.00
102	78	RICHARD BRUNSDON	MV	49		55.01
85	79	NATALIE HERN	FV	42		55.31
97	80	CLIVE CARTER	MSV	54	LLISWERRY RUNNERS	55.36
105	81	FRANCES WILLIAMS	MV	45	SAN DOMENICO	55.52
79	82	JOHN AYRES	MSV	54	PORT TALBOT	56.04
75	83	REBECCA REYNOLDS	F	27	FAIRWATER RUNNERS	56.14
41	84	JOHN HILL	MSV	58	LLISWERRY RUNNERS	56.15
5	85	JULIAN GRIFFITHS	MV	42		56.33
30	86	CLAIRE HOUSE	FV	37	SAN DOMENICO	57.25
20	87	ALISON SHEEDY	FSV	45	LLISWERRY RUNNERS	57.58
13	88	GLYN HICKS	MSSV	60	ISLWYN RUNNING CLUB	58.22
64	89	BARRIE DESMOND	MV	46	GRIFFITHSTOWN HARRIERS	58.32
4	90	JAMIE REES	M	38		58.54
1	91	CORRINE WARD-JONES	FSV	47	GRIFFITHSTOWN HARRIERS	58.59
74	92	CHRISTOPHER WILLIAMS	MSV	54		59.01
72	93	STEPHEN HUGHES	MV	44	LLISWERRY RUNNERS	59.10
100	94	PHILIP HUGHES	M	26		59.22
101	95	DAVID BRUNSDON	MSV	54		59.32
68	96	KELLY WAITE	F	28	ISLWYN RUNNING CLUB	60.09
57	97	KATE DAVIES	F	31		60.10
35	98	YVONNE FORSEY	FSV	52	LLISWERRY RUNNERS	62.53
54	99	SAMANTHA DUGGAN	FV	43	GRIFFITHSTOWN HARRIERS	63.14
93	100	MATT WILLCOX	M	20		63.40
94	101	GARY WILLCOX	MV	49		63.40
46	102	GWYNETH HOWELLS	FSSV	60	CAERLEON	65.48
65	103	HELEN DESMOND	FSV	46	GRIFFITHSTOWN HARRIERS	67.14
38	104	JULIA DAVIES	FSV	52	LLISWERRY RUNNERS	67.26

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40	105	ROS BURGESS	FV	44	LLISWERRY RUNNERS	68.56
103	106	JULIAN SANDERS	M	32		71.10
104	107	LAURA DAVIES	F	33		71.11
36	108	ANNA REDMAN	FSV	46	LLISWERRY RUNNERS	72.20